



FOCUS AREAS

Food Security

South Africa produces enough food for its people. At the household level, though it faces food insecurity due to unequal access to nutritious food. Unemployment, generational poverty, and rising food costs contribute to this issue. Our goals include enhancing access to consistent, safe, culturally fitting and nutritious food in the communities we serve.

FROM COVID RELIEF TO COMMUNITY RESPONSE

The COVID-19 pandemic increased food insecurity in South Africa. Since launching in April 2020, together with our partners, Feed the Nation Foundation and Boxer, we have supported 61 communities in 8 provinces with emergency food relief hampers. Jointly we delivered 55,617 household hampers and nearly 1000 community kitchen hampers to communities in need. That's a total of 3.56 MILLION kgs of food!

In 2022, we transitioned our food security work from widespread emergency relief to supporting more sustained, long-term community-based initiatives addressing food insecurity.

For women survivors of gender-based violence in particular, being able to provide food for their children is one of the key factors ensuring they do not return to a perpetrator. Women survivors are given food hampers for three months, allowing them time to establish strong support structures and income generation.

We continue to support nearly 500 households monthly with grocery hampers through our partner organisations, while continuing to expand on our support of community kitchens.



6,398
grocery parcels
were delivered to
households from
2022 to 2023

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If you want to work with
people, it cannot be a hit
and run approach—you
need to be part of them.

— Nolitha Nkomana
Founding Director of African
Footprints of Hope

547K
kilograms of food
were distributed to
households from
2022 to 2023

PROJECTS & INITIATIVES

Working on food security by supporting community kitchens

We want to be a part of changing the story of food insecurity in South Africa, aligning the lived realities of people with food environments that are nourishing and resilient.

35

community kitchens were supported each month with grocery parcel deliveries

Community Kitchens offer an intimate understanding of their community's most vulnerable households. They identify child-headed households, unemployment, lack of breadwinners, and needs like shoes or identity documents. The impact of community kitchens goes beyond nourishment; they serve as vital hubs for connecting, sharing knowledge, and fostering empowerment within communities.

As part of our ongoing food security work in Cape Town and in Gqeberha, in 2022 we supported 35 community kitchens by providing them with monthly kitchen parcels and, in some cases, community kitchen stipends. In 2023, we are building on this work, establishing community referral systems, improving the nutritional value of food served, providing essential equipment and storage, and enhancing food safety through training programmes.

