IEB Annual Teaching Plan

(Updated 22 September 2026)

Grade 12

DISCURSIVE ESSAYS

Grade 12 IEB Discursive Essays (2025)

- Grade 12 CCC.1-2 Discursive Essay – University and AI (2026) p6 – English
- Grade 12 DHR.1-3 Discursive Essay – Ethnics and Democracy (2026) p6 – English

- Grade 12 DHR.1-3 Discursive Essay - Community Viability (2025) p5 – English
- Grade 12 DHR.1-3 Discursive Essay - Poverty & Crime (2025) p4 – English

CAT A

Grade 12 IEB CAT A UBUNTU

- CAT A UBUNTU PowerPoint (2025) p24 - English
- CAT A Teacher Notes for PowerPoint (2025) p24
- CAT A UBUNTU Extra Resources (2025) p7
- UNESCO Recommendations on the Ethics of Artificial Intelligence p20
- 7x YouTube Videos

Grade 12 IEB CAT A Industrial Revolutions – English

- CAT A Industrial Revolutions PowerPoint (2024) p26
- CAT A Industrial Revolutions Resources (2024) p24
- CAT A Teacher Notes for PowerPoint p26
- CAT A Resources UNESCO Recommendations on the Ethics of Artificial Intelligence p20
- 5x YouTube Videos

Grade 12 IEB CAT A Consumerism – English

- CAT A Consumerism PowerPoint (2023) p14
- CAT A Consumerism Resources (2023) p20

Grade 12 IEB CAT A Safer Spaces – English

- CAT A Resources (2022) – Question 1 (The Pursuit of Happiness)
- CAT A Resources (2022) – Question 2 (Safer Spaces: An Integrated Approach)
- CAT A Resources (2022) – Question 4 (Restorative Advocates / Safety Ambassadors)

TOPIC
Development of the self in society *(DSS.1-2)*
1. Life skills required to adapt to change as part of ongoing healthy lifestyle choices: stressors, change and quality of life - Identify stressors: physical, emotional, social and environmental factors (abuse, vocation, life crises, personality and social pressure) - Assess levels of stress and symptoms of stress, positive stress and negative stress - Stress management: coping mechanisms and/or management techniques, develop and implement own strategy - Conflict resolution skills: inter personal and intra personal (role plays, scenarios) - Initiating, building and sustaining positive relationships: importance of communication (understanding others, communicating feelings, beliefs and attitudes) - Factors that influence effective communication: personality, attitudes and values, acceptance of responsibilities, appropriate expression of views and feelings, respect the feelings of others - Adapting to growth and change: change in circumstances - Transition between school and post-school destination, positive and negative aspects of change 2. Personal lifestyle plan to promote quality of life
Teenactiv resources
Lesson Preparation: - Stress & Adapting Lesson Preparation (2024) p21) – English or Afrikaans - Lesson 1 – PowerPoint p9 - Lesson 1 – Worksheet p3 - Lesson 1 – Worksheet MEMO p5 - Lesson 1 – Group Activity p8 - Lesson 1 – Group Activity MEMO p8
Development of the self in society *(DSS.3)*
3. Human factors (accidents, crises and disasters: psychological, social, religious, cultural practices) that cause ill-health, and different knowledge systems. - Diseases: cancer, hypertension, diseases of the heart and circulatory system, tuberculosis, sexually transmitted infections including HIV and AIDS, malnutrition, malaria, cholera, related to poverty and/or lifestyle - Contributing factors: eating habits, lack of exercise, smoking, substance abuse and unsafe sexual behavior - Intervention strategies: prevention and control, early detection, treatment, care and support
Teenactiv resources
Lesson Preparation: - Factors Causing Ill Health Lesson Preparation (2024) – English or Afrikaans - Lesson 1 – PowerPoint p12 - Lesson 1 – Worksheet p2 - Lesson 1 - Worksheet MEMO p4 - Lesson 2 – PowerPoint p11 - Lesson 2 – Worksheet p2 - Lesson 2 - Worksheet MEMO p5 - Content Summary p7 - 4x YouTube Videos

TOPIC
Physical Education *(PE.1-2)*
1. Participation in programmes that promote: achievement of personal fitness and health goals 2. Safety issues relating to fitness exercises
Teenactiv resources
Lesson Preparation: - CrossFit Lesson Preparation (2017) p11 – English - CrossFit Learner Booklet p15 - CrossFit Article p2 - 2x YouTube Videos - Lesson 1 – Poster Template p1 - Lesson 2 – PowerPoint p5 - Lesson 2 – Worksheet p6 - Lesson 2 – Worksheet MEMO p6 - Lesson 3 – Conflict Charades Cards p1 - Lesson 3 – PowerPoint p8
- Lesson 3 – Worksheet p3 - Lesson 3 – Worksheet MEMO p6 - Lesson 4 – PowerPoint p8 - Lesson 4 – Worksheet p4 - Lesson 4 – Worksheet MEMO p5 - Lesson 5 – PowerPoint p7 - Lesson 5 – Worksheet p3 - Lesson 5 – Worksheet MEMO p3 - Content Summary p5 - 2x YouTube Videos
Physical education
1 Participation in programs that promote: long-term engagement in community and/or playground and /or indigenous games or traditional and/or non-traditional sports that promote physical activity 2 Safety issues relating to participation in community and/or playground and/or indigenous games or traditional and /or non-traditional sports that promote physical activity.
Teenactiv resources
Lesson Preparation: - Long term Sport - Ultimate Frisbee Lesson Preparation (2017) p9 – English - Grade 12 Term 2 PE Learner Class List Mark Sheet p1 - 1x YouTube Video

TOPIC
Study skills *(SS.1-2)*
1. Reflect on the process of assessment and examination writing skills and apply these skills: revise own study skills, strategies and styles - Revise examination writing skills (read the question, plan the response, answer the questions, etc.) 2. Importance of obtaining the National Senior Certificate (NSC): develop a study plan for Grade 12 - Revision of own study skills - Revision of examination writing skills - Study timetable for final examinations
Teenactiv resources
Lesson Preparation: - Study Plan and Revise Study Skills Lesson Preparation (2024) p5 – English or Afrikaans - Lesson 1 – PowerPoint p7 - Lesson 1 – Worksheet p4 - Lesson 1 – Worksheet MEMO p5 - Lesson 1 – Sqwabble Cards p1 - Content Summary p3 - 1x YouTube Video
TOPIC
Careers and career choices *(CCC.1-2)*
1 Planning and preparation for Post Matric: interviews, etiquette - Identifying and unpacking transferable skills such as: International Computer Driver's Licence, presentation and public speaking skills. 2 Reasons for and impact of unemployment - Innovative solutions to counteract unemployment: volunteering, part-time jobs, community work, entrepreneurship and informal jobs - Financial and social viability of entrepreneurship and other employment options - The impact of corruption and fraud on the individual, company, community and country
Teenactiv resources
Lesson Preparation: - Admission & Employment Options Lesson Preparation (2024) p24 – English or Afrikaans - Lesson 1 – PowerPoint p13 - Lesson 1 – Worksheet p6 - Lesson 1 – Worksheet MEMO p6 - Gr12 Khetha Career Booklet Extract p51-85 p34 - Lesson 2 – PowerPoint p7 - Lesson 2 – Worksheet p4 - Lesson 2 – Worksheet MEMO p6 - Lesson 3 – PowerPoint p9 - Lesson 3 – Worksheet p5 - Lesson 3 – Worksheet MEMO p8

- Lesson 3 – Brainstorm Template p1
- Lesson 4 – PowerPoint p7
- Lesson 4 – Worksheet p2
- Lesson 4 – Worksheet MEMO p4
- Lesson 5 – PowerPoint p8
- Lesson 5 – Worksheet p5
- Lesson 5 – Worksheet MEMO p6
- Content Summary p8
- 2x YouTube Videos

Careers and career choices *(CCC.3-4)*

3 Structures and Processes that apply to the working world
- Awareness of SARS tax obligations
- Core elements of a job contract: worker rights and obligations; conditions of service
- Labour laws: Labour Relations Act, Employment Equity Act and Basic Conditions of Employment Act
- Principles of equity and redress
- Recruitment process: general trends and practices
- Trade unions and organised labour
- Work ethics and societal expectations
- A short CV, for application for part-time or full-time employment or for a bursary

4 The value of work: how work gives meaning to life

Teenactiv resources

Lesson Preparation:
- Work, Laws, Unions and Rights Lesson Preparation (2024) – English or Afrikaans
- Lesson 1 – PowerPoint p11
- Lesson 1 - Worksheet p2
- Lesson 1 – Worksheet MEMO p2
- Lesson 2 – PowerPoint p17
- Lesson 2 – Worksheet p3
- Lesson 2 – Worksheet MEMO p3
- Lesson 2 – Labour Laws Game Cards p3
- Lesson 3 – PowerPoint p12
- Lesson 3 – Worksheet p2
- Lesson 3 – Worksheet MEMO p2
- Lesson 4 – PowerPoint p9
- Lesson 4 – Worksheet p2
- Lesson 4 – Worksheet MEMO p5
- Content Summary p9
- 3x YouTube Videos

TOPIC
Democracy and human rights *(DHR.1-3)*
1. Responsible citizenship: - Evaluating own position when dealing with discrimination and human rights violations, taking into account the Bill of Rights - Discussion of projects, campaigns and events which address discrimination and human rights violations 2. The role of the media in a democratic society: electronic and print media - Freedom of expression and limitations - Extent to which media reporting reflects a democratic society: topics covered, positions taken by editors, space allocated to topics and geographical distribution (accessibility of information to different groups in society) - Critical analysis of media and campaigns - Coverage of sport, sports personalities and recreation activities 3. Ideologies, beliefs and worldviews on recreation and physical activity across cultures and genders
Teenactiv resources
Lesson Preparation: - Democracy, Human Rights and the Media Lesson Preparation (2025) – English or Afrikaans - Lesson 1 – PowerPoint p5 - Lesson 1 – Worksheet p4 - Lesson 1 – Worksheet MEMO p6 - Lesson 1 – Kolisi Foundation Annual-Report-2022-2023 (Pages 12-15) p2 - Lesson 2 – PowerPoint p6 - Lesson 2 – Worksheet p2 - Lesson 2 – Worksheet MEMO p3 - Lesson 3 – PowerPoint p6 - Lesson 3 – Worksheet p5 - Lesson 3 – Worksheet MEMO p8 - Lesson 3 – Poster p1 - Lesson 4 – PowerPoint p5 - Lesson 4 – Worksheet p4 - Lesson 4 – Worksheet MEMO p4 - Lesson 5 – PowerPoint p5 - Lesson 5 – Worksheet p3 - Lesson 5 – Worksheet MEMO p4 - Lesson 5 – Pledge p1 - Lesson 6 – PowerPoint p6 - Lesson 6 – Worksheet p4 - Lesson 6 - Worksheet MEMO p5 - Lesson 7 – PowerPoint p13 - Lesson 7 – Worksheet p4 - Lesson 7 – Worksheet MEMO p8 - Lesson 7 – Case Studies p7 - Content Summary p13 - 9x YouTube Videos

TOPIC

Social and environmental responsibility *(SER.1-3)*

1. Community responsibility to provide environments and services that promote safe and healthy living:
   - Responsibilities of various levels of government: laws, regulations, rules and community services
   - Educational and intervention programmes; impact studies
2. Formulating a personal mission statement and evaluate its impact based on:
   - Personal views, values, belief system, religion, ideologies, lifestyle (physical and emotional well-being), environmental responsibility, goals for studies and career choices
3. Explore laws and regulations relating to coming of age

Teenactiv resources

Lesson Preparation:

- Government Responsibility and Mission Statement Lesson Preparation (2025) **–** English **or** Afrikaans
- Lesson 1 – PowerPoint p11
- Lesson 1 – Worksheet p3
- Lesson 1 – Worksheet MEMO p6
- Lesson 1 – Activity 3 Case Studies p6
- Lesson 2 – PowerPoint p10
- Lesson 2 – Worksheet p6
- Lesson 2 – Worksheet MEMO p6
- Lesson 3 – PowerPoint p9
- Lesson 3 – Worksheet p10
- Lesson 3 – Worksheet MEMO p14
- Lesson 3 – Activity 2 Case Studies p7
- Lesson 3 – Activity 2 Case Studies MEMO p11
- Lesson 4 – PowerPoint p9
- Lesson 4 – Worksheet p7
- Lesson 4 – Worksheet MEMO p7
- Content Summary p11

CONTROLLED TESTS

Teenactiv resources

DSS.1-2, SS.1-2, DHR.1-3, SER.1-2 & CCC.2

2026

Grade 12 Section A T1&2 Controlled Test (2026) 10 – English or Afrikaans
Grade 12 Section A T1&2 Controlled Test MEMO (2026) p12

Grade 12 Integrated Topics Section B&C T1&2 Controlled Test (2026) p12 – English or Afrikaans
Grade 12 Integrated Topics Section B&C T1&2 Controlled Test MEMO (2026) p22

2025

Grade 12 Section A T1&2 Controlled Test (2025) p10 – English or Afrikaans
Grade 12 Section A T1&2 Controlled Test MEMO (2025) p12

Grade 12 Integrated Topics Section B&C T1&2 Controlled Test (2024) p8 – English or Afrikaans
Grade 12 Integrated Topics Section B&C T1&2 Controlled Test MEMO (2024) p18

2024
Grade 12 Section A T1&2 DSS SS CCC Controlled Test (2024) p12 – English or Afrikaans
Grade 12 Section A T1&2 DSS SS CCC Controlled Test MEMO (2024) p24

Grade 12 Section A T1&2 DHR SER Controlled Test (2024) p10 – English or Afrikaans
Grade 12 Section A T1&2 DHR SER Controlled Test MEMO (2024) p23

Grade 12 Integrated Topics Section B&C T1&2 Controlled Test (2024) p8 – English or Afrikaans
Grade 12 Integrated Topics Section B&C T1&2 Exam MEMO (2024) p20

2023
Grade 12 Section A Controlled Test (2023) p7 – English or Afrikaans
Grade 12 Section A Controlled Test MEMO (2023) p9

Grade 12 Integrated Topics Controlled Test (2023) p7 – English or Afrikaans
Grade 12 Integrated Topics Controlled Test MEMO (2023) p21

2022
Grade 12 DSS.1-2 & SS.1-2 Controlled Test (2022) p8 – English or Afrikaans
Grade 12 DSS.1-2 & SS.1-2 Controlled Test MEMO (2022) p19

Grade 12 CCC.2 & SER.1-2 Controlled Test (2022) p8 – English or Afrikaans
Grade 12 CCC.2 & SER.1-2 Controlled Test MEMO (2022) p18

Grade 12 DHR.1-3 Controlled Test (2022) p8 – English or Afrikaans
Grade 12 DHR.1-3 Controlled Test MEMO (2022) p19

Grade 12 Integrated Topics T1&2 Controlled Test (2022) p6 – English or Afrikaans
Grade 12 Integrated Topics T1&2 Controlled Test MEMO (2022) p18
(DSS.1-2, SS.1-2, DHR.1-3, SER.1-2 & CCC.2)

2021
Grade 12 DSS.1-2 & SS.1-2 Controlled Test & MEMO (2021) p 21 – English or Afrikaans
Grade 12 CCC.2 & SER.1-2 Controlled Test & MEMO (2021) p20 – English or Afrikaans
Grade 12 DHR.1-3 Controlled Test & MEMO (2021) p21 – English or Afrikaans

2020
Grade 12 DSS.1-2 & SS.1-2 Exam Questions & MEMO (2020) p21 – English
Grade 12 CCC.2 Exam Questions & MEMO (2020) p21 – English
Grade 12 SER.1-2 DHR.1-3 Exam Questions & MEMO (2020) p19 – English Grade 12
PE.1-2 Exam Questions & MEMO (2020) p3 – English

EXAMINATIONS
Teenactiv resources

DSS.3 & CCC.3-4

2026

Grade 12 DSS, CCC, DHR & SER Term 3 Examination Paper (2026) p10 – English or Afrikaans
Grade 12 DSS, CCC, DHR & SER Term 3 Examination Paper MEMO (2026) p13

Grade 12 Section B&C Term 1-3 Integrated Examination Paper (2026) p6 – English or Afrikaans
Grade 12 Section B&C Term 1-3 Integrated Examination Paper MEMO (2026) p20

2025

Grade 12 DSS & CCC Term 3 Examination Paper (2025) p10 – English or Afrikaans
Grade 12 DSS & CCC Term 3 Examination Paper MEMO (2025) p12

Grade 12 Section B&C Term 1-3 Integrated Examination Paper (2025) p7 – English or Afrikaans
Grade 12 Section B&C Term 1-3 Integrated Examination Paper MEMO (2025) p19

2024

Grade 12 DSS & CCC Term 3 Examination Paper (2024) p11 – English or Afrikaans
Grade 12 DSS & CCC Term 3 Examination Paper MEMO (2024) p21

Grade 12 Section B&C Term 1-3 Integrated Examination Paper (2024) p8 – English or Afrikaans
Grade 12 Section B&C Term 1-3 Integrated Examination Paper MEMO (2024) p16