IEB Annual Teaching Plan

(Updated 22 September 2026)

Grade 11

Lessons developed prior to 2023, are available in the '**Older Lessons'** category (located on the Teenactiv website under a particular term).

All Lessons, Projects, Tasks and Controlled Tests that are available in **Afrikaans** - have been indicated.

Physical education lessons were developed prior to 2021 – these would need adapting.

DISCURSIVE ESSAYS
Grade 11 IEB Discursive Essays - Grade 11 DHR.1-2 Mini Discursive Essay – Voting Age (2026) p7 – English - Grade 11 SER.1-3 Mini Discursive Essay – Nike (2026) p7 – English - Grade 11 DSS.1-2 Discursive Essay - Risky Behaviour & Social Media (2025) p6 – English - Grade 11 CCC.3-5 Discursive Essay - Skills Shortages & Artificial Intelligence (2025) p4 – English - Grade 11 DSS.3 CCC.5 Mini Discursive Essay - AI (2024) p4 – English - Grade 11 DHR.1 Discursive Essay – Social Media (2024) p8 – English - Grade 11 DSS.2 Discursive Essay - Relationships (2023) p14 – English - Grade 11 SER.2 Discursive Essay - Climate Change (2023) p8 – English - Grade 11 DHR.1 Discursive Essay - Democratic Structures (2022) p8 – English - Grade 11 DSS.5 Discursive Essay - Gender Roles & Gender Inequality (2022) p8 – English - Grade 11 DSS.1 Discursive Essay - Instant vs Delayed Gratification (2022) p9 – English - Grade 11 DSS.1 Discursive Essay - Goal Setting (2021) p5 – English - Grade 11 SER.2 Discursive Essay - Climate Change (2021) p9 – English
IEB TASKS
Grade 11 IEB Tasks - Grade 11 DSS.5 Written Task (2022) p15 – English - Grade 11 DSS.5 Written Task MEMO (2022) p5 - Grade 11 DSS.5 Written Task Analysis Grid (2022) p1 - Grade 11 DHR.1 Written Task (2022) p18 – English - Grade 11 DHR.1 Written Task MEMO (2022) p5 - Grade 11 DHR.1 Written Task Analysis Grid (2022) p1 - Grade 11 DHR.1 Written Task (2021) p18 – English - Grade 11 DHR.1 Written Task MEMO (2021) p7

- Grade 11 Assessment Grid p1

TOPIC

Development of the self in society *(DSS.1-2)*

1. Plan and achieve life goals: problem – solving skills
2. Relationships and their influence on own well-being

Teenactiv resources

Lesson Preparation:

- Goals and Relationships Lesson Preparation (2026) Week – English or Afrikaans
- Lesson 1 – PowerPoint p14
- Lesson 1 – Worksheet p3
- Lesson 1 – Worksheet MEMO p3
- Lesson 1 – Robot Challenges p8
- Lesson 2 – PowerPoint p14
- Lesson 2 – Worksheet p4
- Lesson 2 – Worksheet MEMO p5
- Lesson 3 – PowerPoint p15
- Lesson 3 – Worksheet p3
- Lesson 3 – Worksheet MEMO p4
- Content Summary p9

Development of the self in society *(DSS.3-4)*

3. Healthy lifestyle choices: decision-making skills
4. Role of nutrition in health and physical activities

Teenactiv resources

Lesson Preparation:

- Healthy Lifestyle Lesson Preparation (2026) – English or Afrikaans
- Lesson 1 – PowerPoint p13
- Lesson 1 – Worksheet p5
- Lesson 1 – Worksheet MEMO p5
- Lesson 2 – PowerPoint p18
- Lesson 2 – Worksheet p2
- Lesson 2 – Worksheet MEMO p2
- Lesson 2 – Group Challenge p7
- Lesson 3 – PowerPoint p7
- Lesson 3 – Worksheet p2
- Lesson 3 – Worksheet MEMO p5
- Lesson 3 – Group Activity p10
- Lesson 4 – PowerPoint p10
- Lesson 4 – Worksheet p3
- Lesson 4 – Worksheet MEMO p5
- Lesson 5 – PowerPoint p10
- Lesson 5 – Worksheet p3
- Lesson 5 – Worksheet MEMO p3
- Lesson 5 – Would You Rather Game (PDF) p3
- Lesson 5 – Poster p1
- Lesson 6 – PowerPoint p8

- Lesson 6 – Worksheet p3
- Lesson 6 – Worksheet MEMO p3
- Lesson 6 – Group Activity p6
- Content Summary p12
  5x YouTube Videos

5. Gender roles and their effects on health and well-being *(DSS.5)*

Teenactiv resources

Lesson Preparation:

- Gender-Based Violence Lesson Preparation (2024) – English or Afrikaans
- Lesson 1 – PowerPoint p14
- Lesson 1 – Worksheet p2
- Lesson 1 – Worksheet MEMO p2
- Lesson 1 – Statistics Fact Sheet p1
- Lesson 2 – PowerPoint p15
- Lesson 2 – Worksheet p4
- Lesson 2 – Worksheet MEMO p5
- Lesson 3 – PowerPoint p8
- Lesson 3 – Worksheet p3
- Lesson 3 – Worksheet MEMO p6
- Lesson 4 – PowerPoint p8
- Lesson 4 – Worksheet p4
- Lesson 4 – Worksheet MEMO p6
- Content Summary p15
- 3 x YouTube Videos

TOPIC

Social and environmental responsibility *(SER.1-3)*

1. Environmental issues that cause ill-health:
2. Climate change
3. Participation in a community service addressing an environmental issue

Teenactiv resources

Lesson Preparation:

- Environmental Issues Lesson Preparation (2025) – English or Afrikaans
- Lesson 1 – PowerPoint p17
- Lesson 1 – Group Activity p10
- Lesson 1 – Group Activity MEMO p10
- Lesson 1 – Worksheet p1
- Lesson 1 – Worksheet MEMO p1
- Lesson 2 – PowerPoint p10
- Lesson 2 – Worksheet p2
- Lesson 2 - Worksheet MEMO p2
- Lesson 3 – PowerPoint p8
- Lesson 3 – Worksheet p5
- Lesson 3 – Worksheet MEMO p7
- Lesson 4 – PowerPoint p7
- Lesson 4 – Worksheet p3

- Lesson 4 – Worksheet MEMO p3
- Content Summary p13
- 6x YouTube Videos

TOPIC

Democracy and human rights *(DHR.1-2)*

1. Democratic participation and democratic structures:
2. Role of sport in nation building

Teenactiv resources

Lesson Preparation:

- Democratic Participation & Sport Lesson Preparation (2026) - English or Afrikaans
- Lesson 1 – PowerPoint p17
- Lesson 1 – Worksheet p4
- Lesson 1 – Worksheet MEMO p5
- Lesson 2 – PowerPoint p17
- Lesson 2 – Worksheet p2
- Lesson 2 – Worksheet MEMO p3
- Lesson 3 – PowerPoint p9
- Lesson 3 – Worksheet p4
- Lesson 3 – Worksheet MEMO p4
- Lesson 4 – PowerPoint p10
- Lesson 4 – Worksheet p3
- Lesson 4 – Worksheet MEMO p4
- Lesson 5 – PowerPoint p7
- Lesson 5 – Worksheet p3
- Lesson 5 – Worksheet MEMO p3
- Content Summary p12
- 6x YouTube Videos

Democracy and human rights *(DHR.3)*

3. Contributions of South Africa's diverse religions and belief systems to a harmonious society

Teenactiv resources

Lesson Preparation:

- Belief Systems & Harmonious Society Lesson Preparation (2024) – English or Afrikaans
- Lesson 1 – PowerPoint p12
- Lesson 1 – Worksheet p3
- Lesson 1 - Worksheet MEMO p3
- Lesson 1 – ReligionsInfo Sheet (PDF) p7
- Lesson 1 – Religions Info Sheet p7
- Lesson 1 – Religions Activity p3
- Lesson 1 – Religions Labels p4
- Lesson 2 – PowerPoint p6
- Lesson 2 – Worksheet p3
- Lesson 2 – Worksheet MEMO p8
- Lesson 2 – Case Studies p8
- Content Summary p5

  1 x YouTube Video

TOPIC
Careers and career choices *(CCC.1-2)*
1. Requirements for admission to higher education institutions 2. Options for financial assistance for further studies
Teenactiv resources
- Admission and Funding Lesson Preparation (2026) - English or Afrikaans - Lesson 1 – PowerPoint p18 - Lesson 1 – Worksheet p2 - Lesson 1 – Worksheet MEMO p2 - Lesson 2 – PowerPoint p14 - Lesson 2 – Worksheet p5 - Lesson 2 – Worksheet MEMO p5 - Lesson 3 – PowerPoint p14 - Lesson 3 – Worksheet p2 - Lesson 3 – Worksheet MEMO p4 - Content Summary p11 - 6x YouTube Videos
Careers and career choices *(CCC.3-5)*
3. Competencies, abilities and ethics required for a career 4. Personal expectations in relation to job/career of interest 5. Knowledge about self in relation to the demands of the world of work and socio-economic conditions
Teenactiv resources
Lesson Preparation: - Competencies, Abilities and Ethics Lesson Preparation (2026) – English or Afrikaans - Lesson 1 – PowerPoint p9 - Lesson 1 – Worksheet p2 - Lesson 1 – Worksheet MEMO p3 - Lesson 2 – PowerPoint p13 - Lesson 2 – Worksheet p3 - Lesson 2 – Worksheet MEMO p5 - Lesson 2 – Poster p1 - Lesson 3 – PowerPoint p9 - Lesson 3 – Worksheet p3 - Lesson 3 – Worksheet MEMO p4 - Lesson 4 – PowerPoint p10 - Lesson 4 – Worksheet p4 - Lesson 4 – Worksheet MEMO p6 - Lesson 5 – PowerPoint p9 - Lesson 5 – Worksheet p3 - Lesson 5 – Worksheet MEMO p4 - Lesson 5 – Poster p1 - Content Summary p9 - 1x YouTube Video

TOPIC
Study skills *(SS.1-4)*
1. Study styles and study strategies 2. Examination writing skills 3. Time management skills and annual study plan 4. Goal setting skills
Teenactiv resources
Lesson Preparation: - Study Skills Lesson Preparation (2026) – English or Afrikaans - Lesson 1 – PowerPoint p13 - Lesson 1 – Worksheet p2 - Lesson 1 – Worksheet MEMO p4 - Lesson 2 – PowerPoin p12 - Lesson 2 – Worksheet p2 - Lesson 2 – Worksheet MEMO p4 - Lesson 3 – PowerPoint p13 - Lesson 3 – Worksheet p3 - Lesson 3 – Worksheet MEMO p4 - Lesson 4 – PowerPoint p8 - Lesson 4 – Worksheet p3 - Lesson 4 – Worksheet MEMO p4 - Content Summary p8 - 2x YouTube Videos
TOPIC
Physical Education *(PE.1&5)*
1. Improvement of current personal levels of physical fitness and health 5. Safety issues
Teenactiv resources
Lesson Preparation: - Fitness Experiment Lesson Preparation (2017) – English - General Warm Up Routine Article p5 - Safety Issues and First Aid in Sport p6 - Improving you Flexibility Article p3 - Fitness Tests for various aspects of Fitness p2 - Testing Guidelines – Methods for Testing p7 - Testing Guidelines – Rubrics and Norms p6
Physical education *(PE.2&5)*
2. Umpiring and leadership skills in self-designed and modified games (teach peers) 5. Safety issues (5)
Teenactiv resources
Lesson Preparation: - Self-Taught Class Game Lesson Preparation (2017) – English - Leadership Roles and Responsibilities in Recreational Activities Article p3 - General Warm Up Routine Article – p5

- Safety Issues and First Aid in Sport Article p6
- 1x YouTube Video

Physical education *(PE.3&5)*

3. Various leadership roles in a self- designed recreational group activity
5. Safety issues

Teenactiv resources

Lesson Preparation:

- Orienteering Lesson Preparation (2017) – English
- Orienteering Teacher Notes - Preparing an Orienteering p11
- Lesson 1 – Legend p1
- Lesson 2 – Rubric, Puzzle & Map Example p4
- Lesson 2 – Colour Coded Control Card p4
- Lesson 3 – Rubric for Evaluation p1
- Lesson 4 – Group Assessment p2
- Lesson 4 – Peer Assessment of Group Members p1
- 4x YouTube Videos

Lesson Preparation:

- Dance Lesson Preparation (2017) p8 – English
- Three Dances – Waka Waka, Gangnam Style & Dougie p4
- Type of Dances & Different Dancing Styles p8
- Safety in Recreation – Dancing, Ballet, Artistic Gymnastics (2013) Article p5
- Qualities of a Leader & Leadership Roles Article p3
- General Warm up Routine Article p5
- Leadership Roles & Responsibilities in Recreational Activities (2011) Article p3
- Safety Issues and First Aid in Sport Article p6
- 3x YouTube Videos

Physical education *(PE.4&5)*

4. Umpiring and leadership skills in self-designed and modified sport (teach peers)
5. Safety issues

Teenactiv resources

Lesson Preparation:

- Become a Learner Sprint Coach (2018) p20 – English

Lesson Preparation:

- Umpiring & Leadership in a Self-Designed Sport Lesson Preparation (2017) - English
- 3x YouTube Videos

EXAMINATIONS

Teenactiv resources

DSS.1-2&5, DHR.1-2, SER.1-3 & CCC.1-2

2026

Grade 11 Section A T1&2 Controlled Test Questions (2026) p10 - English or Afrikaans
Grade 11 Section A T1&2 Controlled Test MEMO (2026) p12
Grade 11 Integrated Topics Section B&C T1&2 Controlled Test (2026) p10 - English or Afrikaans

Grade 11 Integrated Topics Section B&C T1&2 Controlled Test MEMO (2026) p24

2025
Grade 11 Section A T1&2 Controlled Test Questions (2025) p10 - English or Afrikaans
Grade 11 Section A T1&2 Controlled Test MEMO (2025) p12

Grade 11 Integrated Topics Section B&C T1&2 Controlled Test (2025) p8 - English or Afrikaans
Grade 11 Integrated Topics Section B&C T1&2 Controlled Test MEMO (2025) p16

2024
Grade 11 Section A T1&2 Controlled Test (2024) p9 - English or Afrikaans
Grade 11 Section A T1&2 Controlled Test MEMO (2024) p12

Grade 11 Integrated Topics Section B&C T1&2 Controlled Test (2024) p9 - English or Afrikaans
Grade 11 Integrated Topics Section B&C T1&2 Controlled Test MEMO (2024) p18

2023
Grade 11 Section A T1&2 Controlled Test (2023) p7 – English or Afrikaans
Grade 11 Section A T1&2 Controlled Test MEMO (2023) p10

Grade 11 Integrated Topics Section B&C T1&2 Controlled Test (2023) p7 – English or Afrikaans
Grade 11 Integrated Topics Section B&C T1&2 Controlled Test MEMO (2023) p22

2022
Grade 11 DSS.1-2&5 Controlled Test Questions (2022) p8 – English or Afrikaans
Grade 11 DSS.1-2&5 Controlled Test Questions MEMO (2022) p20

Grade 11 CCC.1-2 Controlled Test Questions (2022) p8 – English or Afrikaans
Grade 11 CCC.1-2 Controlled Test MEMO (2022) p20

Grade 11 DHR.1-2 & SER.1-3 Controlled Test Questions (2022) p8 – English or Afrikaans
Grade 11 DHR.1-2 & SER.1-3 Controlled Test MEMO (2022) p22

Grade 11 Integrated Topics Controlled Test Questions (2022) p6 – English or Afrikaans
Grade 11 Integrated Topics Controlled Test MEMO (2022) p18
(DSS.1-2&5, DHR.1-2, SER.1-3 & CCC.1-2)

2021
Grade 11 DSS.1-2&5 Controlled Test Questions & MEMO (2021) p21 – English or Afrikaans
Grade 11 CCC.1-2 & SS.1-4 Controlled Test Questions & MEMO (2021) p22 – English or Afrikaans
Grade 11 DHR.1-2 & SER.1-3 Controlled Test Questions & MEMO 2021 p23 – English or Afrikaans

2020
Grade 11 DSS.1-2 Exam Questions & MEMO (2020) p19 – English
Grade 11 CCC.1-2 Exam Questions & MEMO (2020) p16 – English
Grade 11 DHR.1-2 & SER.1-3 Exam Questions & MEMO (2020) p18 – English

EXAMINATIONS

DSS.3-4, DHR.3, SS.1-4 & CCC.3-5

2026

Grade 11 Section A T3&4 Examination Paper (2026) p11 – English or Afrikaans
Grade 11 Section A T3&4 Examination Paper MEMO (2026) p13

Grade 11 Integrated Topics Section B&C T3&4 Examination Paper (2026) p10 – English or Afrikaans
Grade 11 Integrated Topics Section B&C T3&4 Examination Paper MEMO (2026) p28

2025

Grade 11 Section A T3&4 Examination Paper (2025) p10 – English or Afrikaans
Grade 11 Section A T3&4 Examination Paper MEMO (2025) p12

Grade 11 Integrated Topics Section B&C T3&4 Examination Paper (2025) p9 – English or Afrikaans
Grade 11 Integrated Topics Section B&C T3&4 Examination Paper MEMO (2025) p17

2024

Grade 11 Section A T3&4 Examination Paper (2024) p10 – English or Afrikaans
Grade 11 Section A T3&4 Examination Paper MEMO (2024) p13

Grade 11 Integrated Topics Section B&C T1-4 Examination Paper (2024) p7 – English or Afrikaans
Grade 11 Integrated Topics Section B&C T1-4 Examination Paper MEMO (2024) p13

2023

Grade 11 Section A T3&4 Examination Paper (2023) p7 – English or Afrikaans
Grade 11 Section A T3&4 Examination Paper MEMO (2023) p9

Grade 11 Integrated Topics Section B&C T1-4 Examination Paper (2023) p8 – English or Afrikaans
Grade 11 Integrated Topics Section B&C T1-4 Examination Paper MEMO (2023) p19

2022

Grade 11 DSS.3-4 Controlled Test Questions (2022) p8 – English or Afrikaans
Grade 11 DSS.3-4 Controlled Test Questions MEMO (2022) p23

Grade 11 CCC.3-5 Controlled Test Questions (2022) p8 – English or Afrikaans
Grade 11 CCC.3-5 Controlled Test Questions MEMO (2022) p21

Grade 11 DHR.3 & SS.1-4 Controlled Test Questions (2022) p8 – English or Afrikaans
Grade 11 DHR.3 & SS.1-4 Controlled Test Questions MEMO (2022) p21

Grade 11 Integrated Topics Controlled Test Questions (2022) p7 – English or Afrikaans
Grade 11 Integrated Topics Controlled Test MEMO (2022) p19
(DSS.3-4, CCC.3-5, DHR.3, SS.1-4)

2021

Grade 11 DSS.3-4 Controlled Test Questions & MEMO (2021) p23 – English or Afrikaans
Grade 11 CCC.3-5 Controlled Test Questions & MEMO (2021) p25 – English or Afrikaans
Grade 11 DHR.3 Controlled Test Questions & MEMO (2021) p24 – English or Afrikaans

2020
Grade 11 DSS.3-5 Exam Questions & MEMO (2020) p23 – English
Grade 11 CCC T3&4 Exam Questions & MEMO (2020) p26 – English
Grade 11 DHR.3 & SER 1-3 Exam Questions & MEMO (2020) p22 – English

OPTIONAL EXTRA FORMS OF FORMAL ASSESSMENT (DBE schools)

Formal Assessment: Term 1 SOURCE BASED TASK

Task:

- Grade 11 DSS, DHR & CCC Source Based Task (2026) p10 - English or Afrikaans
- Grade 11 DSS, DHR & CCC Source Based Task Marking Guideline (2026) p14

- Grade 11 DSS, DHR & CCC Source Based Task (2025) p14 - English or Afrikaans
- Grade 11 DSS, DHR & CCC Source Based Task Marking Guideline (2025) p19

- Grade 11 DSS & CCC Source Based Task (2024) p10 - English or Afrikaans
- Grade 11 DSS & CCC Source Based Task MEMO (2024) p20

- Grade 11 DSS, DHR & CCC Source Based Task (2023) p8 – English or Afrikaans
- Grade 11 DSS, DHR & CCC Source Based Task MEMO (2023) p14

- Grade 11 DSS, DHR & CCC Source Based Task (2022) p9 – English or Afrikaans
- Grade 11 DSS, DHR & CCC Source Based Task MEMO (2022) p15

- Grade 11 DHR Written Task (2021) – Individual p8 – English or Afrikaans
- Grade 11 DHR Written Task (2021) – Group p10
- Grade 11 DHR Written Task MEMO (2021) p11

Formal Assessment: Term 3 PROJECT TASK

Task:

- Grade 11 DSS CCC Project (2026) p13 – English or Afrikaans
- Grade 11 DSS CCC Project MEMO (2026) p22
- Grade 11 DSS CCC Project Practical Interview Component p9

- Grade 11 DSS CCC Project (2025) p14 – English or Afrikaans
- Grade 11 DSS CCC Project MEMO (2025) p19
- Grade 11 DSS CCC Project Practical Interview Component p7

- Grade 11 DSS CCC Project (2024) p13 – English or Afrikaans
- Grade 11 DSS CCC Project MEMO (2024) p19
- Grade 11 DSS CCC Project Practical Interview Component p7

- Grade 11 DSS CCC Project (2023) p12 – English or Afrikaans
- Grade 11 DSS CCC Project MEMO (2023) p17
- Grade 11 DSS CCC Project Practical Interview Component p1

- Grade 11 DSS Project (2022) – Group p19 – English or Afrikaans
- Grade 11 Project Learner Guidelines (2022) p4
- Grade 11 Project Explainer PowerPoint (2022) p17

- Grade 11 DSS Project (2021) – Individual p6 – English or Afrikaans
- Grade 11 DSS Project (2021) – Group p8
- Grade 11 DSS Project MEMO (2021) p7