2026 Annual Teaching Plan

(Updated 22 September 2026)

Grade 10

All the below content is completely aligned with the 2026 ATPs for Grade 10.

Lessons developed prior to 2023, are available in the '**Older Lessons'** category (located on the Teenactiv website under a particular term).

All Lessons, Projects, Tasks and Controlled Tests that are available in **Afrikaans** - have been indicated.

Physical education lessons were developed prior to 2026 ATPs – these would need adapting.

TOPIC	TERM 1	GRADE 10
WEEK 1 - 3		
Development of the self in society		3 hours
Self-awareness and self-esteem • Identify factors that may influence self-awareness and self-esteem, including the media • Strategies to enhance self-awareness, self-esteem and self-development • Develop strategies to build confidence in self and others • Acknowledge and respect the uniqueness of self and others and respect differences regarding, e.g. race, gender, individual abilities, personal preferences **Power and power relations** • Demonstrate an understanding of the concepts: power, power relations, masculinity, femininity and gender • Differences between a man and a woman: - Reproduction and roles in the community - Stereotypical views of gender roles and responsibilities - Gender differences in participation in physical activities **Gender inequality** • Analyse and evaluate the influence of gender inequality on relationships and general well-being with reference to: - Sexual abuse - Teenage pregnancy - Violence - Sexually transmitted infections (STIs) including HIV and AIDS • Value of participation in exercise programmes that promote fitness: - Cardiovascular fitness - Muscular strength - Endurance - Flexibility		

•Relationship between physical and mental health
Teenactiv resources
Lesson Preparation: - Self-development & Gender Lesson Preparation (2026) – English or Afrikaans - Lesson 1 – PowerPoint p20 - Lesson 1 – Worksheet p4 - Lesson 1 – Worksheet MEMO p4 - Lesson 1 – Fishbowl Discussion Topics p3 - Lesson 1 – Introduction Activity p3 - Lesson 1 – Just Me Emoji p1 - Lesson 2 – PowerPoint p15 - Lesson 2 – Worksheet p4 - Lesson 2 – Worksheet MEMO p5 - Lesson 2 – Introduction Pictures p4 - Lesson 3 – PowerPoint p15 - Lesson 3 – Worksheet p2 - Lesson 3 – Worksheet MEMO p3 - Lesson 3 - Group Activities p4 - Lesson 3 – Group Activities MEMO p6 - Lesson 3 – Poster p1 - Content Summary p13 - 1x YouTube Video
Physical education
• Participate in activities that promote PHYSICAL FITNESS • Understand safety issues relating to participation in PHYSICAL FITNESS ACTIVITIES • Participation and movement performance in PHYSICAL FITNESS • Examples of PHYSICAL FITNESS activities
Teenactiv resources
Lesson Preparation: - Developing your Speed Lesson Preparation (2018) – English **Lesson Preparation:** - Physical Fitness Teacher Booklet Lesson Preparation (2017) p10 – English - Physical Fitness Learner Booklet p30

WEEK 4 - 6	
Careers and career choices	3 hours
Career decision-making •Demonstrate knowledge about self in relation to: - Own subjects - Career fields - Study choices • Identify own interests, abilities, talents and strengths • Differentiate between a career field, occupation, career and job • Develop a career portfolio - Use the Khetha Booklet to complete the relevant activities	

Career decision-making
• Research requirements for National Senior Certificate (NSC):
- Various subjects and career options
- Steps in choosing subjects and the career decision-making process

Career decision-making
• Socio-economic factors to consider when making career and/or study choices:
- Community needs
- Availability of finances
- Affordability, stereotyping, accessibility

Teenactiv resources

Lesson Preparation:

- Self-Knowledge and Economic Factors Lesson Preparation (2026) – English or Afrikaans
- Lesson 1 – PowerPoint p13
- Lesson 1 – Worksheet p3
- Lesson 1 – Worksheet MEMO p4
- Lesson 2 – PowerPoint p20
- Lesson 2 – Worksheet p2
- Lesson 2 – Worksheet MEMO p3
- Lesson 3 – PowerPoint p16
- Lesson 3 – Worksheet p3
- Lesson 3 – Worksheet MEMO p5
- Content Summary p12
- 3x YouTube Videos

WEEK 7 - 10 (11)

Democracy and human rights	4 hours

Discrimination and violations of human rights
• Develop an understanding of the following concepts:
- Discrimination and violations of human rights
• Prohibition of discrimination based on the following contexts:
- Race
- Religion
- Language
- Gender
- Sexual orientation (with reference to LGBTQI+)
- HIV/Aids status and other

•Importance of the:
- Bill of Rights
- Convention on the rights of the child
- Committee on the Elimination of Discrimination against Women (CEDAW)

Discrimination and violations of human rights
• Identify types of discriminating behaviour and violations, and incidences of discriminating behaviour and human rights violations in SA and globally. For example:
- Xenophobia

-Human trafficking
- Gender-based violence (GBV)
- Homophobia
- Corrective rape (in respect of LGBTQI+ communities and other
• Determine the:
- Nature and source of bias, prejudice, discriminating and oppressing behaviour, and
- Impact of these violations of human rights on:
a. Individuals and
b. Society

Challenging prejudice and discrimination
Significant contributions by individuals to address human rights violations
For example:
- Desmond Tutu
- Sophie de Bruin
- Charlotte Maxeke
- Beyers Naude
- Albi Sachs
- Helen Suzman
- Imtiaz Sooliman and others

Contemporary events showcasing the nature of a transforming South Africa:
Evaluate the impact of South African initiatives and campaigns which address discrimination and human rights violation, for example:
-16 Days of activism against Women and Child abuse
-67 minutes for Mandela
-and other
SA campaigns and initiatives that promote nation building
e.g.
- Heritage Day
- Reconciliation Day
- Brand Proudly SA
- and other
• One's own position, actions and contribution to address discrimination and human rights violations:
Initiating own campaign to address discrimination and human rights violations

Teenactiv resources

Lesson Preparation:

- Discrimination & Transformation Lesson Preparation (2024) – English or Afrikaans
- Lesson 1 – PowerPoint p11
- Lesson 1 – Worksheet p4
- Lesson 1 – Worksheet MEMO p5
- Lesson 2 – PowerPoint p10
- Lesson 2 – Worksheet p4
- Lesson 2 – Worksheet MEMO p5
- Lesson 2 – Group Activity Articles p4
- Lesson 2 – Group Activity Articles MEMO p8
- Lesson 3 – PowerPoint p10

- Lesson 3 – Worksheet p7
- Lesson 3 – Worksheet MEMO p6
- Lesson 4 – PowerPoint p8
- Lesson 4 – Worksheet p3
- Lesson 4 – Worksheet MEMO p3
- Lesson 5 – PowerPoint p4
- Lesson 5 – Worksheet p4
- Lesson 5 – Worksheet MEMO p5
- Content Summary p5
- 6x YouTube Videos

Formal assessment:

1. Source-Based Task 2. Physical Education Task (PET)	It is compulsory to cover the given topics in the term indicated. The sequence of the topics within the term is however, not fixed.

Task:

- Grade 10 DSS, DHR & CCC Source Based Task (2026) p10 – English or Afrikaans
- Grade 10 DSS, DHR & CCC Source Based Task MEMO (2026) p15

- Grade 10 DSS, DHR & CCC Source Based Task (2025) p11 – English or Afrikaans
- Grade 10 DSS, DHR & CCC Source Based Task MEMO (2025) p16

- Grade 10 DSS, DHR & CCC Source Based Task (2024) p10 – English or Afrikaans
- Grade 10 DSS, DHR & CCC Source Based Task MEMO (2024) p15

- Grade 10 DSS, DHR & CCC Source Based Task (2023) p8 – English or Afrikaans
- Grade 10 DSS, DHR & CCC Source Based Task MEMO (2023) p13

- Grade 10 DSS & DHR Source Based Task (2022) p9 – English or Afrikaans
- Grade 10 DSS & DHR Source Based Task MEMO (2022) p13

- Grade 10 DSS & DHR Written Task (2021) - Individual p8 – English or Afrikaans
- Grade 10 DSS & DHR Written Task (2021) - Group p10
- Grade 10 DSS & DHR Written Task MEMO (2021) p12

TOPIC	TERM 2	GRADE 10
WEEK 1 - 5		
Social and environmental responsibility		5 hours

Contemporary social issues that impact negatively on local and global communities:
Demonstrate an understanding of the concepts: Social and environmental justice
• Research incidences of social issues that impact on local and global communities:
- Crime
- Violence
- Poverty
- Safety and security
- Unequal access to basic resources, and
- Lack of basic services and resources (water and health services)

Contemporary social issues that impact negatively on local and global communities:
• Evaluate the harmful effects of the issues below on personal and community health:
- Crime
- Violence
- Poverty
- Safety and security
- Unequal access to basic resources, and
- Lack of basic services and resources (water and health services)

Skills that are necessary to participate in civic life:
Distinguish between:
- Social thinking skills
- Constructive thinking skills
- Critical thinking skills
Social responsibilities:
Outline the knowledge and skills required to make informed decisions and take appropriate action to address social issues that impact on local and global communities

Skills that are necessary to participate in civic life:
• Research youth service development within your community:
- Youth and civic organisations, community services, projects, volunteerism
• Discuss the purpose and contribution, areas of strength and possible improvements of the above youth services

Skills that are necessary to participate in civic life:
• Report on own contribution to these services, projects and organisation:
A group or individual project to address a contemporary social issue that impacts negatively on local and/or global communities

Teenactiv resources

Lesson Preparation:

- Social and Environmental Responsibilities Lesson Preparation (2023) – English or Afrikaans
- Lesson 1 – PowerPoint p7
- Lesson 1 – Worksheet p2
- Lesson 1 – Worksheet MEMO p2

- Lesson 1 – Case Study 1-5 p5
- Lesson 1 – Case Study 1-5 Mindmap p5
- Lesson 2 – PowerPoint p5
- Lesson 2 – Worksheet p2
- Lesson 2 – Worksheet MEMO p2
- Lesson 3 – PowerPoint p7
- Lesson 3 – Worksheet p7
- Lesson 3 – Worksheet MEMO p2
- Lesson 4 – PowerPoint p8
- Lesson 4 – Worksheet p3
- Lesson 4 – Worksheet MEMO p2
- Lesson 5 – PowerPoint p4
- Lesson 5 – Worksheet p3
- Lesson 5 – Worksheet MEMO p6
- 3x YouTube Videos

Physical education

• Participate in activities that promote skills in PLAYGROUND and/or COMMUNITY and/or INDIGENOUS GAMES
• Understand safety issues relating to participation in activities that promote skills in PLAYGROUND and/or COMMUNITY and/or INDIGENOUS GAMES
• Participation and movement performance in activities that promote skills in PLAYGROUND and/or COMMUNITY and/or INDIGENOUS GAMES
• Examples of activities that promote skills in PLAYGROUND and/or COMMUNITY and/or INDIGENOUS GAMES

Teenactiv resources

Lesson Preparation:

- Indigenous Games Lesson Preparation (2017) p13 – English
- Dibeke (2011) p4
- Diketo (2010) p3
- Iintonga (2011) p3
- Jukskei (2010) p4
- Kho-Kho (2011) p3
- Indigenous Games of South Africa (2008) p3

Lesson Preparation:

- Trad and Non Traditional Sports Lesson Preparation (2016) p7 – English
- Court Sports, Court Fun (2015) p4
- Ball and Racket Games (2015) p4
- Teamwork – Part 1 Trust and Enthusiasm (2015) p4
- Teamwork – Part 2 Ambition and Motivation (2015) p3
- Safety Issues and First Aid in Sport p6

WEEK 6 - 7	
Study skills	2 hours
Study skills • Study skills: - Listening - Reading - Comprehension - Concentration - Memory - Organisation and - Time management • Study methods: - Note-taking - Mind-mapping - Summarising - Selecting important concepts • Apply own study skills and study methods **Study skills** • Define and discuss the importance of: - Critical thinking skills - Creative thinking skills - Problem-solving skills • Analyse own performance in assessment tasks: internal and external assessment • Develop a study plan: Organisation of activities, time management, etc.	
Teenactiv resources	
Lesson Preparation: - Study Skills Lesson Preparation (2023) – English or Afrikaans - Lesson 1 – PowerPoint p23 - Lesson 1 – Worksheet p3 - Lesson 1 – Worksheet MEMO p3 - Lesson 2 – PowerPoint p15 - Lesson 2 – Worksheet p2 - Lesson 2 – Worksheet MEMO p2 - Content Summary p7 - 5x YouTube Videos	
WEEK 8 - 11	
CONTROLLED TEST	
Teenactiv resources	
2026 Grade 10 Section A T1&2 Controlled Test (2026) p10 – English or Afrikaans Grade 10 Section A T1&2 Controlled Test MEMO (2026) p12 Grade 10 Integrated Topics Section B&C T1&2 Controlled Test (2026) p9 – English or Afrikaans Grade 10 Integrated Topics Section B&C T1&2 Controlled Test MEMO (2026) p25	

2025
Grade 10 Section A T1&2 Controlled Test (2025) p10 – English or Afrikaans
Grade 10 Section A T1&2 Controlled Test MEMO (2025) p13

Grade 10 Integrated Topics Section B&C T1&2 Controlled Test (2025) p7 – English or Afrikaans
Grade 10 Integrated Topics Section B&C T1&2 Controlled Test MEMO (2025) p16

2024
Grade 10 Section A T1&2 Controlled Test (2024) p11 – English or Afrikaans
Grade 10 Section A T1&2 Controlled Test MEMO (2024) p20

Grade 10 Integrated Topics Section B&C T1&2 Controlled Test (2024) p11 – English or Afrikaans
Grade 10 Integrated Topics Section B&C T1&2 Controlled Test MEMO (2024) p27

2023
Grade 10 Section A T1&2 Controlled Test Questions (2023) p7 – English or Afrikaans
Grade 10 Section A T1&2 Controlled Test MEMO (2023) p13

Grade 10 Integrated Topics T1&2 Controlled Test Questions (2023) p7 – English or Afrikaans
Grade 10 Integrated Topics T1&2 Controlled Test MEMO (2023) p20

2022
Grade 10 DSS T1&2 Controlled Test Questions (2022) p9 – English or Afrikaans
Grade 10 DSS T1&2 Controlled Test MEMO (2022) p21

Grade 10 DHR & SER T1&2 Controlled Test Questions (2022) p9 – English or Afrikaans
Grade 10 DHR & SER T1&2 Controlled Test MEMO (2022) p21

Grade 10 Integrated Topics T1&2 Controlled Test Questions (2022) p7 – English or Afrikaans
Grade 10 Integrated Topics T1&2 Controlled Test MEMO (2022) p19

2021
Grade 10 DSS T1&2 Controlled Test Questions & MEMO (2021) p19 – English or Afrikaans
Grade 10 CCC & SS T1&2 Controlled Test Questions & MEMO (2021) p20 – English or Afrikaans
Grade 10 DHR & SER T1&2 Controlled Test Questions & MEMO 2021 p21 – English or Afrikaans
Grade 10 Integrated Topics T1&2 Controlled Test Questions & MEMO (2021) p17 – English or Afrikaans
2020
Grade 10 DSS T1&2 Exam Questions & MEMO (2020) p21 – English
Grade 10 CCC T1&2 Exam Questions & MEMO (2020) p23 – English
Grade 10 SER T1&2 Exam Questions & MEMO (2020) p24 – English
Grade 10 DHR T1&2 Exam Questions & MEMO (2020) p22 – English

Formal assessment:

1. Mid-year examination 2. No assessment for PET	It is compulsory to cover the given topics in the term indicated. The sequence of the topics within the term is however, not fixed.

TOPIC	TERM 3	GRADE 10
WEEK 1 - 7		
Development of the self in society		7 hours

Life roles
Identify and analyse life roles and responsibilities as:
- student
- member of a family
- friend
- partner
- employee
- employer
- leader, and
- follower, etc.

• Determine the changing nature of each life role and explain how role changes affect relationships
• How does society and culture influence each life role

Adolescence to adulthood:
Explain changes associated with development: Adolescence to adulthood
Physical changes: hormonal, rapid physical growth, secondary sex/gender characteristic
Primary changes in the body: growth and maturing of genital organs (menstruation, ovulation), seed formation, wet dreams), skin problems, increase in body odour, etc.

Adolescence to adulthood:
• Emotional changes:
Maturing personality
• Depth of emotions become more intense, mood swings, feelings of insecurity, “invincible” stage of thinking and acting, challenge authority, changing needs in belief, values and sexual interest
• Social changes in relationships with family, social groups, need for acceptance by peer group

Adolescence to adulthood:
Identify and discuss behaviour that could lead to sexual intercourse, teenage pregnancy, sexual abuse, and rape
• Formulate values and strategies to assist in making responsible decisions regarding sexuality and lifestyle, e.g.:
- Respect for self and others
- Abstinence
- Self-control
- Right to privacy
- Right to protect oneself
- Right to say “No” and
- Taking responsibility for own actions

Adolescence to adulthood:
Elaborate on the skills required with regards to sexuality and lifestyle choices:
- Self-awareness
- Critical thinking skills
- Decision-making skills

- Problem solving skills
- Assertiveness
- Negotiation skills
- Communication skills

Critically discuss how to apply effective strategies to assist in making responsible decisions in relation to sexuality and lifestyle choices

Adolescence to adulthood:

• Identify and discuss benefits of positive coping strategies that would enhance long-term resilience and wellbeing

• Practice and demonstrate the problem-solving skills required in relation to sexuality and lifestyle choices as a practical class activity

Activities can include:

• Role playing
• Scenarios
• Debates
• Or other

Adolescence to adulthood:

Respect for diversity, e.g.

• Sex
• Gender
• Sexual orientation
• Lesbian
• Gay
• Bisexual
• Transgender
• Queer and
• Intersex (LGBTQI+)
• Where to find help regarding sexuality and lifestyle choices:
• Role of nutrition in health and physical activities

Teenactiv resources

Lesson Preparation

- Life Roles and Changes Lesson Preparation (2026) – English or Afrikaans
- Lesson 1 – PowerPoint p11
- Lesson 1 – Worksheet p1
- Lesson 1 – Worksheet MEMO p2
- Lesson 1 – Group Activity p4
- Lesson 1 – Group Activity MEMO p4
- Lesson 2 – PowerPoint p12
- Lesson 2 – Worksheet p3
- Lesson 2 – Worksheet MEMO p4
- Lesson 2 – Poster p1
- Lesson 3 – PowerPoint p7
- Lesson 3 – Worksheet p4
- Lesson 3 – Worksheet MEMO p9
- Lesson 3 – Scenarios p1

- Lesson 4 – PowerPoint p9
- Lesson 4 – Worksheet p2
- Lesson 4 – Worksheet MEMO p3
- Lesson 4 – Group Role Play p4
- Lesson 4 – Game Cards p5
- Lesson 5 – PowerPoint p20
- Lesson 5 – Worksheet p2
- Lesson 5 – Worksheet MEMO p3
- Lesson 5 – Skill Cards p2
- Lesson 6 – PowerPoint p12
- Lesson 6 – Worksheet p3
- Lesson 6 – Worksheet MEMO p4
- Lesson 6 – Scenarios p5
- Lesson 7 – PowerPoint p11
- Lesson 7 – Worksheet p3
- Lesson 7 – Worksheet MEMO p3
- Lesson 7 – Group Activity p6
- Content Summary p14
- 2x YouTube Videos

Physical education

• Participate in activities that promote RECREATION AND RELAXATION
• Understand safety issues relating to participation in RECREATION AND RELAXATION
• Participation and movement performance in RECREATION AND RELAXATION
• Examples of activities in RECREATION AND RELAXATION:

Teenactiv resources

Lesson Preparation:

- My Boot Camp Lesson Preparation (2017) p7 – English
- My Boot Camp Record Sheet – Option 1 Time p3
- My Boot Camp Record Sheet – Option 2 Repetitions p4
- My Boot Camp Learner Booklet p13
- My Boot Camp – Stickers and Station Posters p22
- Creative Ways to Gym at Home p7

WEEK 8 - 10	
Careers and career choices	3 hours

Diversity in jobs:
Research careers in the economic sectors:
• Primary (raw materials)
• Secondary (finished products or goods), and
• Tertiary (infrastructure and providing services

Work settings:
Research careers in indoors and outdoors workplace environment and conditions
Investigate the activities involved in each job below:
• Designing
• Assembling

• Growing
Gather information and analyse the skills and competencies required in jobs that entail designing, assembly growing
Opportunities within different career fields including work in recreation, fitness and sport industries:
Research the following with regards to the fitness and sports industry:
• Skills required
• Salary package,
• Promotion possibilities and
• Further study prospects

Teenactiv resources

Lesson Preparation:

- Work Settings & Sectors Lesson Preparation (2025) – English or Afrikaans
- Lesson 1 – PowerPoint p11
- Lesson 1 – Worksheet p4
- Lesson 1 – Worksheet MEMO p5
- Lesson 2 – PowerPoint p11
- Lesson 2 – Worksheet p3
- Lesson 2 – Worksheet MEMO p3
- Lesson 3 – PowerPoint p12
- Lesson 3 – Worksheet p2
- Lesson 3 – Worksheet MEMO p4
- Content Summary p7
- 4 x YouTube Videos

Formal assessment:

1. Project 2. Physical Education Task (PET)	It is compulsory to cover the given topics in the term indicated. The sequence of the topics within the term is however, not fixed.

Project:

- Grade 10 DSS Project (2026) p12 – English or Afrikaans
- Grade 10 DSS Project MEMO (2026) p22
- Grade 10 DSS Project Practical Interview Component p9

- Grade 10 DSS Project (2025) p12 – English or Afrikaans
- Grade 10 DSS Project MEMO (2025) p20
- Grade 10 DSS Project Practical Interview Component p7

- Grade 10 DSS Project (2024) p11 – English or Afrikaans
- Grade 10 DSS Project MEMO (2024) p20
- Grade 10 DSS Project Practical Interview Component p7

- Grade 10 DSS CCC Project (2023) p12 – English or Afrikaans
- Grade 10 DSS CCC Project MEMO (2023) p18
- Grade 10 DSS CCC Project Practical Interview Component p1

- Grade 10 DSS CCC Project (2022) p8 - English or Afrikaans
- Grade 10 DSS CCC Project MEMO (2022) p18

- Grade 10 DSS Project Individual (2021) p6 - English or Afrikaans
- Grade 10 DSS Project Group (2021) p8
- Grade 10 DSS Project MEMO (2021) p7

TOPIC	TERM 4	GRADE 10
WEEK 1 - 3		
Career and career choices		3 hours
Awareness of trends and demands in the job market: - Research emerging demands or changing patterns of careers and scarce skills, and the job market - Reading the market for trends regarding jobs and identifying niches - Growth and decline of various occupations and fields of work and competencies linked to these jobs South African Qualifications Authority (SAQA) and the - National Qualifications Framework (NQF) and - Recognition of Prior Learning (RPL) • The need for lifelong learning: Ability to change, re-train, flexibility and ongoing development of the self • Different kinds of learning: formal, informal and non-formal		
Teenactiv resources		
Lesson Preparation: - Trends, Demands & Lifelong Learning Lesson Preparation (2025) – English or Afrikaans - Lesson 1 – PowerPoint p6 - Lesson 1 – Worksheet p3 - Lesson 1 – Worksheet MEMO p5 - Lesson 1 – Group Statistics p6 - Lesson 1 – Group Statistics MEMO p12 - Lesson 2 – PowerPoint p6 - Lesson 2 – Worksheet p5 - Lesson 2 – Worksheet MEMO p5 - Lesson 3 – PowerPoint p7 - Lesson 3 – Worksheet p2 - Lesson 3 - Worksheet MEMO p2 - Lesson 3 – My Life Cards p1 - Content Summary p6 - 1x YouTube Video		
WEEK 4 - 6		
Democracy and human rights		3 hours
Living in a multi-religious society: understanding ethical teachings and/or religious laws of major religions in South Africa - Major religions: African traditional religions, Baha'i Faith, Buddhism, Christianity, Hinduism, Islam, and Judaism - Indigenous belief systems in South Africa: origins and practices **Coverage of sport:** - Research incidence of gender, race and stereotyping and explain how they contribute towards bias in sporting codes - Elaborate on ways to redress biases within sporting codes **Coverage of sport:**		

Discuss unfair, corrupt and illegal practices in sports:
- drug-taking
- match-fixing
- subjective umpiring and
- mal-administration in sport

Analysis and critical evaluation of sport coverage

Teenactiv resources

Lesson Preparation:

- Multi Religious Society & Sport Coverage Lesson Preparation (2024) – English or Afrikaans
- Lesson 1 – PowerPoint p9
- Lesson 1 – Worksheet p2
- Lesson 1 – Worksheet MEMO p2
- Lesson 1 – Poster p1
- Lesson 1 – Religions Info Sheet p7
- Lesson 2 – PowerPoint p6
- Lesson 2 – Worksheet p3 p
- Lesson 2 – Worksheet MEMO p4
- Lesson 3 – PowerPoint p9
- Lesson 3 – Worksheet p2
- Lesson 3 – Worksheet MEMO p4
- Lesson 3 – Poster p1
- Content Summary p8
- 1x YouTube Video

WEEK 7 - 10

EXAMINATIONS

Teenactiv resources

2026

Grade 10 Section A T3&4 Examination Paper (2026) p11 – English or Afrikaans
Grade 10 Section A T3&4 Examination Paper MEMO (2026) p14

Grade 10 Integrated Topics Section B&C T3&4 Examination Paper (2026) p11 – English or Afrikaans
Grade 10 Integrated Topics Section B&C T3&4 Examination Paper MEMO (2026) p31

2025

Grade 10 Section A T3&4 Examination Paper (2025) p5 – English or Afrikaans
Grade 10 Section A T3&4 Examination Paper MEMO (2025) p13

Grade 10 Integrated Topics Section B&C T3&4 Examination Paper (2025) p11 – English or Afrikaans
Grade 10 Integrated Topics Section B&C T3&4 Examination Paper MEMO (2025) p22

2024

Grade 10 Section A T3&4 Examination Paper (2024) p13 – English or Afrikaans
Grade 10 Section A T3&4 Examination Paper MEMO (2024) p24

Grade 10 Integrated Topics Section B&C T3&4 Examination Paper (2024) p7 – English or Afrikaans
Grade 10 Integrated Topics Section B&C T3&4 Examination Paper MEMO (2024) p17

2023
Grade 10 Section A T3&4 Examination Paper (2023) p7 – English or Afrikaans
Grade 10 Section A T3&4 Examination Paper MEMO (2023) p9

Grade 10 Integrated Topics Section B&C T1-4 Examination Paper (2023) p8 – English or Afrikaans
Grade 10 Integrated Topics Section B&C T1-4 Examination Paper MEMO (2023) p19

2022
Grade 10 DSS T3 Controlled Test Questions (2022) p8 – English or Afrikaans
Grade 10 DSS T3 Controlled Test MEMO (2022) p22

Grade 10 CCC T3&4 Controlled Test Question (2022) p7 – English or Afrikaans
Grade 10 CCC T3&4 Controlled Test MEMO (2022) p14
Grade 10 Integrated Topics T3&4 Controlled Test Questions (2022) p6 – English or Afrikaans
Grade 10 Integrated Topics T3&4 Controlled Test MEMO (2022) p18

2021
Grade 10 DSS T3 Controlled Test Questions and MEMO (2021) p25 – English or Afrikaans
Grade 10 CCC T3 and 4 Controlled Test Questions and MEMO (2021) p24 – English or Afrikaans
Grade 10 DHR T4 Controlled Test Questions and MEMO (2021) p24 – English or Afrikaans

2020
Grade 10 DSS T1&4 Exam Questions and MEMO (2020) p20 – English
Grade 10 CCC T1&4 Exam Questions and MEMO (2020) p21 – English
Grade 10 DHR SER T1 to 4 Exam Questions and MEMO (2020) p 20 – English

Formal assessment:	
1. Final Examinations 2. No assessment for PET	It is compulsory to cover the given topics in the term indicated. The sequence of the topics within the term is however, not fixed.